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## Bread from Heaven

The Israelites were complaining to Moses, saying, "Why did you bring us here? We had enough food in Egypt, we are starving." God told Moses "I am going to make food fall like rain from the sky for all of you. The people must collect enough for each day. Moses and Aaron told the Israelites "God has heard you complaining, God led you from Egypt and God is going to feed you as well, you will see how overnight." That night tiny birds called quail flew into the camp and they caught some for their supper. The next morning the people saw white things on the land. "This is the bread God promised you" Moses told them. They called the bread "Manna." They collected enough bread for that day. The bread came down from heaven daily apart from Saturday the Sabbath. The Sabbath was a day given by God as a day of rest.



Belleve Become

*I wait for the Lord to help me, and I trust his word. Psalm 130 v 5* 

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